



This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

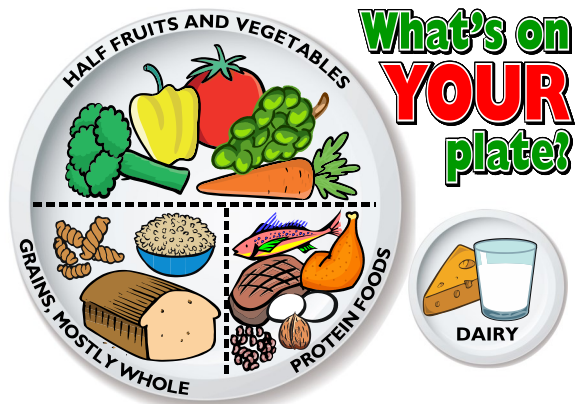
Fruits and vegetables are offered during breakfast and lunch.
 1% milk and nonfat chocolate milk offered daily.
 All grains offered are whole grains.

Prices
 Student Breakfast: \$1.00
 Student Lunch: \$1.75
 Adult Lunch: \$2.50
 Milk: \$.50

APRIL FOOLS

other April Fool's mischief shall, by law, be perpetrated on Monday, April 3 instead." Please plan accordingly. (And, oh yeah, April Fool's.)

Since April 1 falls on a weekend this year, Congress passed a law declaring that "all pranks, practical jokes, tricks, and



Q: What was the least popular vegetable on the Titanic?

ANSWER: Iceberg lettuce! Actually, iceberg lettuce is also the least nutritious of a very nutritious family of vegetables. Try other kinds of greens in salads and on sandwiches for more flavor and greater nutritional value!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, April 3	Tuesday, April 4	Wednesday, April 5	Thursday, April 6	Friday, April 7
<p>Breakfast Honey Nut Scooters OR Breakfast Pizza Apple Juice</p> <p>Lunch Chicken Patty Sandwich Baked Fries Cupped vegetables Baby Carrots Apple Slices Cupped Fruit</p>	<p>Breakfast Marshmallow Matey's OR Pan Dulce Bananas</p> <p>Lunch Beef Soft Tacos Spanish Rice Shredded Lettuce Diced Tomatoes Salad Bananas Cupped Fruit</p>	<p>Breakfast Frosted Mini Spooners OR Quesadilla Orange Slices</p> <p>Lunch Orange Chicken w/ Brown Rice Broccoli w/ Cheese Baby Carrots Oranges Cupped Fruit</p>	<p>Breakfast Raisin Bran OR Banana Muffin Cupped Fruit</p> <p>Lunch Manager's Choice Salad Cupped Vegetables Grapes/Apples Jicama</p>	<p>Breakfast Marshmallow Matey's OR Peanut Butter/Jelly Sandwich Apple Slices</p> <p>Lunch Cheese Pizza Tostito's Scoops Salad/Baby Carrots Cupped Fruit Chocolate Chip Cookie Jicama</p>

Monday, April 10	Tuesday, April 11	Wednesday, April 12	Thursday, April 13	Friday, April 14
<p>Breakfast Honey Nut Scooters OR Chorizo Wrap Apple Juice</p> <p>Lunch Hamburger/Cheeseburger Baked Fries Baby Carrots Sliced Apples Cupped Fruit</p>	<p>Breakfast Marshmallow Matey's OR Yogurt Parfait Bananas</p> <p>Lunch Chicken Fajitas w/ Tortilla Beans Spanish Rice Salad Bananas Cupped Fruit Jicama</p>	<p>Breakfast Frosted Mini Spooners OR Pancake Orange Slices</p> <p>Lunch Deli Turkey/Ham Sandwich Sun Chips Baby Carrots Oranges Cupped Fruit Jicama</p>	<p>Breakfast Raisin Bran OR Blueberry Muffin Cupped Fruit</p> <p>Lunch Bean & Cheese Burritos Cupped Vegetables Salad Grapes/Apples Jicama</p>	<p>NO SCHOOL TODAY</p>



Green bell peppers were once about the only kind of bell peppers sold fresh in America. Now, red, yellow, orange, and even purple bell peppers are common in grocery stores. They all start out the same way – all bell peppers are green when they are immature, and get their color (and sweetness) if allowed to ripen on the vine.

◆ WONDERS OF THE WORLD ◆

photo: aloha-hawaii.com



Mauna Loa and Kilauea volcanoes in Hawaii are known for heat – especially for Kilauea’s spectacular lava flows into the Blue Pacific. But Mauna Loa also rises nearly 14,000 feet above its ocean shore, high enough to get some snow every year, and sometimes a lot of snow. Last December, several feet fell on the highest mountains in Hawaii, and just last month in March there was a blizzard warning! This snowboarder is getting some air within sight of the world’s largest astronomical observatory atop Mauna Kea, a dormant volcano and the tallest of the Hawaiian mountains.

◆ HAWAII VOLCANOES NATIONAL PARK ◆

★ **OUR NATION'S HISTORY** ★

This is the Dome of the United States Capitol building in Washington, D.C. The part of the building just under the Statue of Freedom near the top is what architects call the “tholos,” and if the light in the Capitol’s tholos is lit at night, that means that one or both of the U.S. Senate and the U.S. House of Representatives are in session. This tradition is believed to have begun in the 1800’s when many members of Congress lived in area houses and they needed to convene when to board and they know.

Library of Congress, Prints and Photographs Division.

★ **WITH LIBERTY & JUSTICE FOR ALL** ★

Monday, April 17

NO SCHOOL TODAY

Tuesday, April 18

Breakfast
Marshmallow Matey’s
OR
Breakfast Bun
Bananas

Lunch
Chicken/Cheese Tamales
Pinto Beans
Cupped Vegetables
Salad
Bananas
Cupped Fruit

Wednesday, April 19

Breakfast
Frosted Mini Spooners
OR
Quesadilla
Orange Slices

Lunch
Teriyaki Chicken w/Brown Rice
Asian Vegetables
Baby Carrots
Orange Slices
Cupped Fruit

Thursday, April 20

Breakfast
Raisin Bran
OR
Apple Muffin
Cupped Fruit

Lunch
Grilled Cheese Sandwich
Sun Chips
Salad
Cupped Vegetables
Grapes/Apples
Jicama

Friday, April 21

Breakfast
Marshmallow Matey’s
OR
Pancake Stick
Apple Slices

Lunch
Taco Sticks
Cupped Vegetables
Salad/Baby Carrots
Cupped Fruit
Chocolate Chip Cookie
Jicama

Monday, April 24

Breakfast
Honey Nut Scooters
OR
Chorizo Wrap
Orange Juice

Lunch
Hamburger/Cheeseburger
Baked Fries
Baby Carrots
Apple Slices
Cupped Fruit

Tuesday, April 25

Breakfast
Marshmallow Matey’s
OR
Yogurt Parfait
Bananas

Lunch
Beef Tostada
Spanish Rice
Shredded Lettuce
Diced Tomatoes
Salad
Bananas
Cupped Fruit

Wednesday, April 26

Breakfast
Frosted Mini Spooners
OR
Pancakes
Orange Slices

Lunch
Chicken Nuggets
Mashed Potatoes/Gravy
Dinner Roll
Cooked Vegetables
Baby Carrots
Oranges
Cupped Fruit

Thursday, April 27

Breakfast
Raisin Bran
OR
Chocolate Muffin
Cupped Fruit

Lunch
Baked Chicken W/
Waffles
Baked Beans
Salad
Grapes/Apples
Jicama

Friday, April 28

Breakfast
Marshmallow Matey’s
OR
French Toast
Apple Slices

Lunch
Cheese Pizza
Tostito’s Scoops
Salad/Baby Carrots
Cupped Fruit
Chocolate Chip Cookie
Jicama